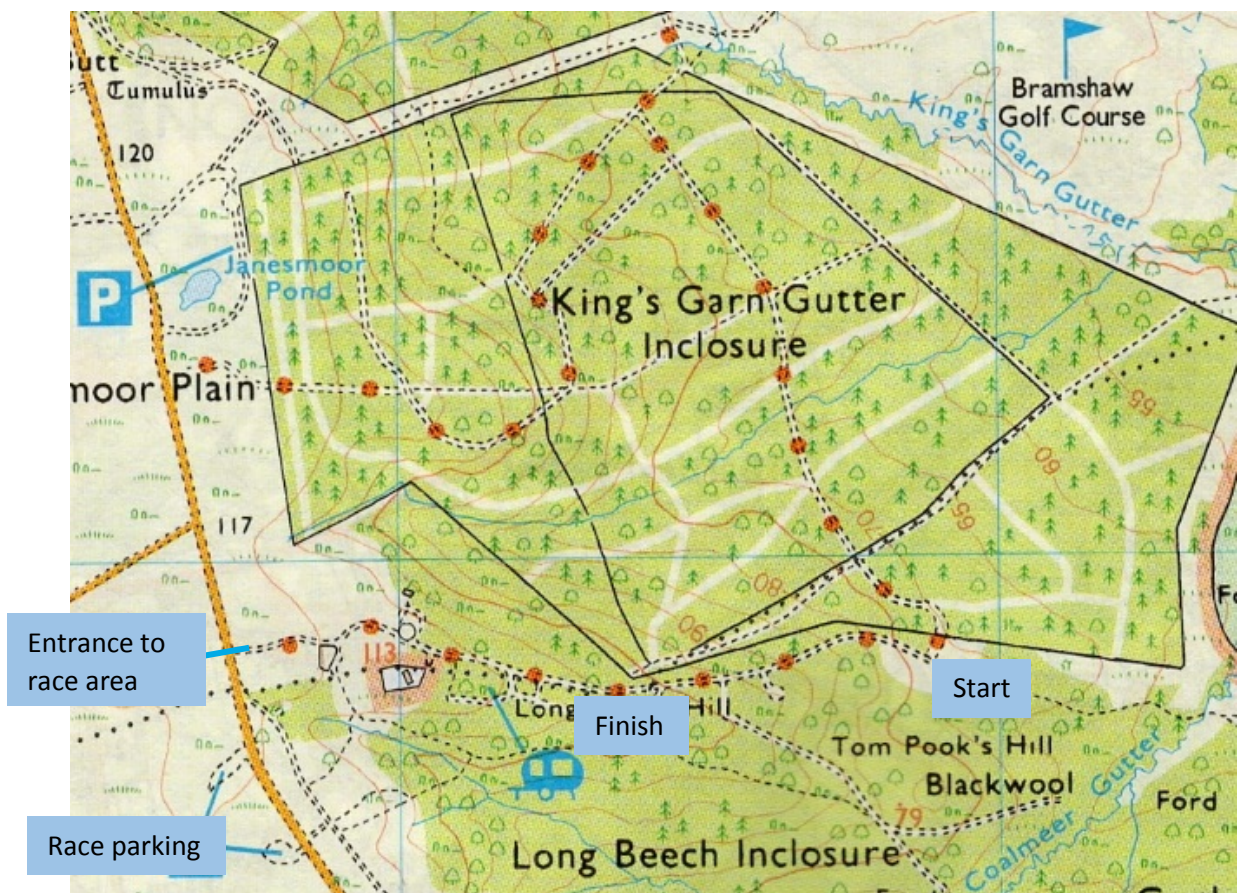


## 19<sup>th</sup> January 2020 - Kings Garn Gutter Inclosure, Stoney Cross

### Romsey Road Runners, Halterworth Harriers & Southampton Tri Club

#### Directions:

- Leave M27 at Junction 1 (there is no right turn for Stoney Cross from the A31)
- Drive through Brook
- Turn left onto B3078 after the pubs
- Turn left after 1.5 miles
- Pass Janesmoor Pond and Longbeech campsite on the left
- Parking is in three areas – Janesmoor Pond, Stoney Cross Plain and Stoney Cross. (Marshals are requested to park at Janesmoor Pond car park and then walk to the race area).
- **Do not under any circumstances park on the road verges or in any areas other than the three car parks that have been allocated for the CC6 race**
- Walk to the race area via Longbeech campsite.
- Please make every effort to car share where possible.



#### Course:

This is a challenging course of about 4.8 miles, with two laps of the middle section and a climb to the finish, run on a mixture of gravel, and very muddy forest tracks, plus concrete path at the finish. Trail shoes recommended – don't expect to finish with dry socks!

There are no changing or toilet facilities.